



GOD CENTERED MARRIAGE

Session 3

30 Ways to Submit to Your Husband Each Day of Your Marriage

01.

Before you submit to your husband, submit yourself to the Lord. Submission to God is your northern star. He will give you the motivation, your guidance, and a right heart for submitting to your husband. God is the head of your marriage.

Matthew 22:37-38; 1 Chronicles 16:25-27; Exodus 20:1-3

02.

Remember that your husband is your beloved and you are commanded to love him and care for him as you desire for him to love and care for you.

Song of Songs 2:3; Matthew 7:12

03.

Pray for a God to give you greater understanding of what He wants you to do in your marriage and both your role and your husband's role in your union.

Jeremiah 33:3; James 1:5

04.

Acknowledge that God should always be in control of your marriage and that marriage should not be a power struggle.

2 Chronicles 20:6

05.

Remember that God has placed your husband in this position of leadership in your marriage and over you as his wife.

Ephesians 5:22-24



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06.

Acknowledge the Holy Spirit's role in your faith, in your marriage and in your life. He has the power to change hearts and direct both of you. Always trust and rely on Him to lead you. Remember, your submission to your husband is "as to the Lord"

Ephesians 5:22

07.

Trust the Lord and that He has a plan for you. Take each step in faith in Him.

Proverbs 3:5-6

08.

When sharing your opinions with your husband, do so respectfully and using words that build up rather than tear down.

Ephesians 5:33

09.

When decisions are to be made and you don't agree with your husband, remember that it is his job to make the final decision. Trust that God's will be done.

Titus 2:4-5

10.

No matter how strong the urge to take control, remember that God is in control and you are to follow you husband's lead.

Luke 9:23; Romans 8:9

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11.

Pray for your husband.

Ephesians 1:16-19

12.

Pray with your husband

Ephesians 5:22-30

13.

Recognize that your husband is also the spiritual head of household. Allow him to lead in family or couple's devotions. If he does not currently do this or he is resistant to it, pray that God will give him the desire to lead in this way.

Ephesians 5:22-30

14.

Never undermine your husband's authority by going behind his back to do something you know he would not like.

Ephesians 5:22, 33

15.

Put him above all others (except God)... with your time, your service, your choices, your decisions and your love.

Ephesians 5:31



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16.

Consider your husband's perspective in all of your small daily personal decisions. For bigger decisions, talk with your husband, ask his opinion and ask him to pray with and for you to make the best possible decision

Matthew 19:4-6; Matthew 18:20

17.

Give yourself freely to your husband physically and intimately.

1 Corinthians 7:2-4; Song of Songs 4:16

18.

When he wants to talk, listen. When he doesn't, accept it. Men are not as verbal as women. That is how God designed us.

James 1:19-20; Ephesians 4:2-3

19.

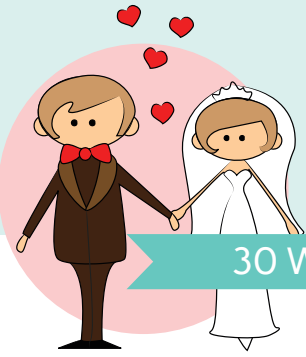
Give him grace. The role of husband is not an easy one.

Proverbs 22:11; Romans 16:20; Ephesians 5:25-27

20.

Humble yourself.

1 Peter 3:8; Psalm 25:9



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21.

Deny your own wants and desires when it is conflicting with his.

Philippians 2:3-4

22.

Respect your husband. Respect is an inseparable part of submission. Respect the fact that he is a sinner too and needs the Lord just like you do. Respect his opinion as valid and valuable. Respect his feelings. (He has them even if he doesn't express them). Respect his role as head over you and your family.

Proverbs 31:23; Ephesians 5:33

23.

Take care of the things he asks you to care of. This is working together in oneness.

Proverbs 31:27

24.

Respect his desires and wishes even when he isn't able to be a part of something. Such instances might include an illness, being at work, travel away from home, or being unable to contact him. Knowing your husband's way of doing things, his preferences, his wishes and what he has led both of you to do in the past will help in making those daily decisions to submit his authority. And when unsure, pray for the wisdom and strength to make the right choice.

Proverbs 31:11-12; Colossians 3:23-24

Be careful not to use these situations as a way to take advantage to get your own way. This only separates you and destroys oneness.

Leviticus 25:17



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25.

Don't be resentful, get angry, pout or sulk when you don't get your own way. In addition, do not badmouth your husband to others.

Titus 3:1-2

26.

Give your insecurity and fear over to Lord.

Isaiah 41:10; Psalm 118:6

27.

Pray continually God to give wisdom and direction to your husband so he will lead you and your family in God's ways and always make the right decisions for you.

Colossians 4:2; Ephesians 1:17

28.

We are to cleave from our mother and father when we marry. God has given authority over you to your husband in place of your parents, given that place to your husband. You should still love and care for your parents, but you are no longer in submission to them.

Genesis 2:24; Ephesians 5:23



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29.

If there is something your husband wants you to do that you believe goes against the Lord and His ways, respectfully and lovingly go to him and show him God's Word why you believe this. And pray for God to change his mind. But if he refuses to change, you must respectfully refuse to submit to his sinful desire and choose instead to submit to the Lord. A biblical wife always submits first to the Lord.

Acts 4:19-20; Proverbs 31:30; Ephesians 4:14-15

30.

Obviously, submission to an unbelieving husband is a little more difficult. He does not rely on God to lead him. He will make choices that do not follow God's ways. And he will have difficulty choosing to do right over choosing to follow his feeling. But even believing husbands do this at times. And so the answer is always the same—the bottom line is submitting to the Lord, and inasmuch as your husband submits to God's ways, you are able to submit to him.

1 Peter 3:1-4; Colossians 3:18



Of course, this isn't an exhaustive list. What other ways can you think of to demonstrate submission to your husband?